

Positive H-Pylori tests

You have recently been tested for the bacteria *Helicobacter pylori* that can cause problems in the stomach. This bacterium can cause a variety of symptoms in the gut including severe ongoing indigestion and can lead to the formation of stomach ulcers if left untreated.

Your test has come back positive.

Treatment consists of a one-week course of three different tablets, two of which are antibiotics whilst the third is a tablet to cut down the amount of acid in your stomach. The medications we choose will be based on previous medications you have had or still have, and any allergies you may have.

Side effects can happen but are often mild. The most common would be some nausea, diarrhoea or a headache. Completing the week of treatment is important as failing to do so may mean, not only, that the infection is not fully treated but also that it may cause resistance to the antibiotics which makes it harder to treat in the future.

It is important to remember that if the symptoms do not improve after completing the treatment, then you should make a routine review appointment with your GP for further follow up.

If you have further questions, please contact the practice.